

Boreham Primary School

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Daring to aim high, scale new heights, spread our wings and fly far'



11th September 2020

Dear Parents/Carers,

As expected, due to the weather and time of year, we are receiving a high volume of calls about coughs and colds and questions about what you, as parents and carers, should do with your child in the event of illness (certainly where temperatures and coughs are involved). We realise this is a difficult time as children are often unwell with these symptoms. To help you we have provided you with a flow chart to provide clear direction for you should your child or a member of your family develop symptoms of COVID.

Symptoms to look out for

Anyone displaying the following symptoms should stay at home and must not enter the school premises:

- **A high temperature** - being hot to the touch on your chest or back
- **A new, continuous cough** - coughing for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **A loss of, or change to, a person's sense of smell or taste** - losing your sense of smell or taste, or things smell or taste different.

When to self-isolate

Anyone who is unwell with any of the symptoms above and/or tests positive for coronavirus will need to self-isolate for the next 10 days. If they do not have symptoms, but are living with someone who does, they will need to self-isolate, whilst the person displaying symptoms is tested. If the person tests positive other household members will need to self-isolate for the next 14 days. You will only require a test if you display symptoms. Those who need to self-isolate must not enter the school premises until the necessary self-isolation period has ended.

Those who have been exposed to somebody with symptoms of coronavirus do not need to self-isolate unless contacted by the NHS test and trace, they develop symptoms themselves or a member of their household test positive for coronavirus.

What to do if you need to self-isolate

You must notify the school that your child needs to self-isolate and how long they will need to self-isolate for. Contact the school office as soon as possible.

Getting tested

If symptoms are present, **staying off school for a day or two is not enough**. As soon as the symptoms of COVID are identified then a test will need to take place. You need to get the test done in the first five days of having symptoms. Could you please notify the school office of the result of the test as soon as possible.

When to return to school

If your child has been unable to attend school due to displaying symptoms of coronavirus, they can come back to school after 10 days of self-isolation, or if they test negative for coronavirus. If your child has been unable to attend because someone in your household has tested positive for coronavirus or displayed symptoms, but they do not develop symptoms they can come back to school after 14 days.

Contacting the school

You will need to contact the school as soon as possible in the following circumstances:

- With information that you or someone in your household is showing symptoms of coronavirus and cannot attend, where necessary
- With the results of any relevant coronavirus tests
- With concerns or queries

Thank you for your continued support during the current pandemic and can we please ask that you maintain social distancing at the school gate. Our priority is to ensure members of our school community remain safe and healthy.

Kind regards,



Mrs G Powell
School Business Manager

COVID SYMPTOMS AT HOME FLOW CHART.

